

# FEBRUARY 2012

## Daily Specials at the Deli

### Monday:

*Italian Sub  
Mediterranean Wrap*

### Tuesday:

*Buffalo Chicken Wrap  
Egg salad sandwich*

### Wednesday:

*BLT on Whole Wheat  
Hummus Wrap*

### Thursday:

*Turkey and Cheese Sub  
Mozzarella & Tomato  
Panini*

### Friday:

*Ham Bagel Sandwich  
Eggplant & Goat Cheese Sandwich*


**A la Carte Sandwich \$2.75**

### All Meal Combo's only 4.25

- **Hot Entrée Meal Combo**  
*Your choice of entrée  
with 2 sides and a drink*
- **Deli Meal combo**  
*Deli Sandwich, side  
and a drink*
- **Salad Bar Combo**  
*Large salad, side, and a  
drink*

### Super choices for sides everyday!

*Hot side of the day, soup, side  
salad, fruit, dessert of the*

Mon	Tue	Wed	Thu	Fri
30 <i>Chicken Cordon Bleu Sandwich Macaroni &amp; Cheese Oven Roasted Potatoes Peas &amp; Carrots Tortilla Soup Fresh Fruit</i>	31 <i>Baked Ziti w/Mini Meat- balls or Marinara Sauce Wheat Dinner Rolls Italian Blend Vegetables Minestrone Soup Brownie Bites</i>	1 <i>Hot Roast Beef on a Ciabatta Roll Veggie Riblet Mashed Potatoes Mixed Vegetables Chicken Noodle Soup Fresh Fruit</i>	2 <b>BOXED LUNCHES</b> <b>TALENT SHOW DAY</b>	3 <b>No school</b> 
6 <i>Bacon Burgers Veggie Burgers Baked Beans Oven Browned Potatoes Tortellini Soup Fresh Fruit</i>	7 <i>Baked Potato w/Cheese Or Broccoli &amp; Cheese Chopped Spinach Beef Chili Cornbread Jell-o Cups</i>	8 <i>Chicken Quesadillas Cheese Quesadillas California Blend Veggie Green Rice Wedding Soup</i>	9 <i>Whole Wheat Cheese or Pepperoni Pizza Roasted Veggies Celery Sticks Broccoli Cheddar Soup Dbl Choc Chip Cookies</i>	10 <i>Toasted English Muffin w/Egg &amp; Cheese French Toast Home Fried Potatoes Sausage Patties Tomato &amp; Rice Soup Fresh Fruit</i>
13 <i>Meatball Stroganoff Buttered Noodles Carrot Coins Sugar Snap Peas Potato Soup Fresh Fruit</i>	14 <i>Country Chicken &amp; Broccoli Veggie Chicken &amp; Broccoli Dirty Mashed Potatoes Peas &amp; Carrots Vegetable Beef Soup Holiday Cookies</i>	15 <i>Trainwreck Pasta Casserette Pasta with Veggie Crumbles &amp; Marinara Whole Wheat Roll Steamed Broccoli Minestrone Soup</i>	16 <i>Sweet &amp; Sour Chicken Sweet &amp; Sour Tofu Brown Rice Asian Blend Veggies Chicken Orzo Soup Fruit Nibblers</i>	17 <i>Corn Dogs Veggie Burger Italian Green Beans Roasted Red Potatoes Vegetable Chowder Fresh Fruit</i>
20 <i>Baked Ham Grilled Cheese Rice Pilaf Mixed Veggies Tomato Soup Fresh Fruit</i>	21 <b>"Fat Tuesday"</b> <i>Beef Stew over Biscuit Vegetarian Stew w/ Biscuit Steamed Broccoli Steamed Corn Chicken &amp; Rice Soup "Dirt" Cups</i>	22 <b>Ash Wednesday</b> <i>Fish Sticks Macaroni &amp; Cheese Stewed Tomatoes Carrot Coins Clam Chowder Fresh Fruit</i>	23 <i>Chicken Strips Veggie Nuggets Steak Fries Asst Fresh Veggies &amp; Dip Beef &amp; Barley Soup Slushies</i>	24 <i>Whole Wheat Cheese or Pepperoni Pizza Roasted Veggies Celery Sticks Zesty Turkey Chili Fresh Fruit</i>

### Hot meal al a carte pricing:

*Entrée.....\$2.00  
Side dish.....\$.85  
Soup...\$1.00/\$1.50*